

## Melissa's Welcome

Bars:

- 1-4 1<sup>st</sup> couple slip 4 steps down the middle and back
- 5-8 1<sup>st</sup> couple cast into 2<sup>nd</sup> place, 2's move up. 2<sup>nd</sup> couple cross over right hand, while 1<sup>st</sup> couple half turn right hand ready to...
- 9-12 ...slip down the middle and back.
- 13-16 1<sup>st</sup> couple cast into 3<sup>rd</sup> place, 3's move up, 3<sup>rd</sup> and 1<sup>st</sup> couples cross over giving right hand.
- 17-20 3<sup>rd</sup> & 1<sup>st</sup> couples dance half rights and lefts.
- 21-24 2<sup>nd</sup> & 1<sup>st</sup> couples dance half rights and lefts.
- 25-28 1<sup>st</sup> couple dance a half figure of eight round 2<sup>nd</sup> couple.
- 29-32 1<sup>st</sup> woman dances out between 2<sup>nd</sup> & 3<sup>rd</sup> women to 3<sup>rd</sup> place, as 1<sup>st</sup> man dances out between 2<sup>nd</sup> & 3<sup>rd</sup> men to 3<sup>rd</sup> place.

Repeat twice.

## LENA'S DIAMONDS

Bars:

- 1-16 First couple dance a petronella diamond.
- 17-20 First couple set to second couple and dance down to second place on opposite sides while second couple dance up to first place.
- 21-24 First couple set to third couple and dance down to third place on own sides while third couple dance up to second place.
- 25-28 First couple set to fourth couple and dance down to fourth place on opposite sides while fourth couple dance up to third place.

29-32 First couple set to each other and cross to own sides passing right shoulders.

Repeat with new top couple.

## Sandringham Strathspey

Bars;

1-4: 1st man and 2nd woman dance back to back.

5-8: 1st woman and 2nd man dance back to back.

9-12: 1st and 2nd men, and 1st and 2nd women set and link.

13-16: 1st and 2nd couples dance right hands across.

17-20: 2nd and 1st men, and 2nd and 1st women set and link.

21-24: 1st and 2nd couples turn partner right hand.

25-32: 1st and 2nd couples allemande.

Repeat having passed a couple.